

Update – March 12

The 2021 USA Powerlifting Collegiate and Junior Nationals are only 29 days away. 596 lifters are registered, representing 100+ Universities and 46 states!

It is a pleasure to serve as the meet director of this championship. For 15 years, I lived and breathed collegiate/Jr powerlifting while serving as the Head Coach of UL Lafayette. I hope you have an experience that you will always remember and that the event means as much to you as it did to me in my days of competing at these two national events.

Now that the registration deadline has passed, you will hear from me with increasing frequency about updates and important information. I'll start with the topics that I receive the most emails about:

1. **Spectator tickets** – We are under strict Covid restrictions here in Louisiana. Some states are opening up around us and still other states remain very restricted. If a session has sold out of spectator tickets, there is no way that I can provide additional seating at this time. Our Governor is going to be making some official announcements between now and April 7. If he raises our indoor capacity, more tickets will become available and I will email all athletes immediately. If more tickets do become available, you (the athlete), will be the first to know. Announcements on the event website, facebook, and Instagram will follow the email blast.
2. **All-Session Coaching Passes**. These passes are only available to collegiate teams that register in the team competition, not to independent lifters. Starting on Wednesday, April 7, a table will be set up near the ballroom with a sign reading "Team Registration". The cost to register a team is \$150 per team (raw male, raw female, Eq male, Eq female). You can list up to 9 athletes on a scoring roster. Each of the 9 athletes will be given a pass that allows them access to the spectator area for all sessions. Each registered team will also be provided 2 All-Session coaching passes. The coaches must be present at the time of team roster submission (on April 7) and present a current USAPL card and government issued ID to receive the All-Sessions Coaching Passes.
3. **Individual Session Coaching Passes**. A table will be set up all day-every day (during the event) for the purchase of individual session coaching passes. Both the athlete and the coach must be present (together) when the coaching pass is sold. The coach must present a current USAPL card and government issued ID to receive the coaching pass. This pass will grant the coach access to the warm up room, staging area, and spectator area (during awards only, not during lifting).

Entrance into of the warm up room, event ballroom, and staging area will be monitored closely to assure that we stay under the capacity of each room. To assure our adherence to this mandate, all athletes and coaches will be issued color-coded ID's that correspond to their lifting session. Athletes and Coaches will only be granted access to the warm up room and staging area during their session. Athletes and coaches will only be granted access to spectator seating during the awards ceremony for their session.

100 spectator tickets are being sold per session (some sessions have sold out). Spectator passes will only grant access to the competition ballroom during the session that tickets were purchased for. In between the morning and afternoon sessions, the ballroom will be cleared.

I greatly appreciate your patience and flexibility. I pray that we are nearing the end of this pandemic and I am grateful that we are able to conduct a championship of this magnitude. We will be following all guidelines of USA Powerlifting and the state of Louisiana in hopes of keeping everyone safe and healthy.

Good luck to all in your final month of training. I look forward to meeting you and to introducing you to the warm and unique culture of South Louisiana.